

# WELCOME



PEREGRINE BEACH HOUSE  
AVON, NC

# PEREGRINE



41873 Oceanview Drive  
Avon, NC 27915  
(252) 995-4688

EMERGENCY CALL 911  
GIVE NUMBER 41873  
GIVE LOCATION AS PEREGRINE

Maintenance or House Needs Call  
Ray Langlois  
(252) 996-0356

# PEREGRINE



## Welcome to Peregrine!

We have prepared this book to assist any reader who is not familiar with Peregrine Beach House, Hatteras Island and the Village of Avon.

Our lists are based on our own experiences and should be accepted as such. Others obviously would have different favorites.

If you have useful information please leave a note – we will add your comments when we next update this book.

We hope you enjoy Peregrine and Hatteras Island!

The Ritchie Family

# PEREGRINE



## EXTRAS

- **Hammocks** - There are two hammocks in the house that can be used in the loft, the lower deck facing the ocean or the covered porch facing the street. All great locations for relaxation and a nap. One hammock is stored in the loft, the other is located in the bedroom closet facing the ocean
- **Please** bring the hammocks out of the rain and indoors at night.
- **Umbrellas** – Located in the lockers under the house (car port). Two umbrellas, several beach chairs, bogey boards, etc. If any item is accidentally damaged, please inform Ray Langlois, so we may replace it before the next renter arrives.
- **Gates** – Loose adjustable gate for stairs in great room and fixed gate for top deck. Adjustable gates are in the bunk bed closet.

# PEREGRINE



## CAPE HATTERAS LIGHTHOUSE

- After being moved 2,900 feet from its previous location in 1999, the lighthouse is open to the public. Location is Buxton about 6 miles south of Peregrine.
- Our family has made the trip several times – 268 steps up ~ 200 feet ~ equals a 20-story building. It is certainly worth the effort, in our opinion. Volunteers handle the operations, the National Park Service does not have the funds.
- The public visitation season is from Easter to Columbus Day each year. Lighthouse tours run every 10 minutes with a limit of 30 visitors per tour. There is a night tour that adds a twist to the visit. Also, the Bodie Island Lighthouse is available to climb.
- Hours 9:00 am – 4:30 pm (5:30pm during summer months).
- Tickets:                   \$8.00 Adults (Age 12 and up)  
                                  \$4.00 for Senior Citizens and age 11 and under)
- **[www.nps.gov/caha/planyourvisit/lighthouseclimbs.htm](http://www.nps.gov/caha/planyourvisit/lighthouseclimbs.htm)**

# PEREGRINE



## PIZZA

### **Gidget's Pizza and Pasta (Food Lion Plaza)**

41934 Highway 12, Avon      (252) 995-3109      [www.pizzagidget.com](http://www.pizzagidget.com)

11:00 am – 9:00 pm

### **Nino's Pizza (1 Mile North)**

44118 Palazzolo Road, Avon      (252) 995-5358

Delivery available

# PEREGRINE



## BREAKFAST / LUNCH / BAKERY

### **Atlantic Coast Café**

41001 Highway 12, Buxton

(252) 995-7700

[www.atlanticcoastcafe.com](http://www.atlanticcoastcafe.com)

### **Oceana's Bistro**

40774 Highway 12, Avon  
8:00 am – 9:00 pm Daily

(252) 995-4991

[www.oceanabistro.com](http://www.oceanabistro.com)

### **Orange Blossom Bakery Café**

47206 Highway 12, Buxton  
6:30am – 11:00am Daily

(252) 995-4109

[www.orangeblossombakery.com](http://www.orangeblossombakery.com)

### **The Gingerbread House**

52715 Highway 12, Frisco  
Opened 7am, then again at 4:30pm for pizza and salad

(252) 995-5204

Serving breakfast & bakery items

### **Diamond Shoals Restaurant and Sushi Bar**

46843 Highway 12, Buxton  
6:30am – 9pm

(252) 995-5217

[www.diamondshoals.com](http://www.diamondshoals.com)

# PEREGRINE



## RESTARAUNTS (Some of our favorites)...

### **Ketch 55 Seafood Grille**

40396 Highway 12, Avon  
(252) 995-5060  
[www.ketch55.com](http://www.ketch55.com)

### **Café Pamlico on the Inn of Pamlico Sound**

49684 Highway 12, Buxton  
(252) 995-7030  
[www.innonpamlicosound.com](http://www.innonpamlicosound.com)

### **Froggy Dog**

40050 Highway 12, Avon  
(252) 995-5550  
[www.frobbydog.com](http://www.frobbydog.com)

### **The Mad Crabber Restaurant**

40606 Highway 12, Avon  
(252) 995-5959

### **Shipwreck Grill**

46618 Highway 12, Buxton  
(252) 995-5548

### **Oceana's Bistro**

40774 Highway 12, Avon  
(252) 995-4991  
[www.oceanasbistro.com](http://www.oceanasbistro.com)

### **Dirty Dicks Crab House**

41934 NC Highway 12, Avon  
(252) 995-3425  
[www.dirtydickscrabs.com](http://www.dirtydickscrabs.com)

### **Pangea Tavern (Located at Avon Pier)**

41001 Highway 12, Avon  
(252) 995-3800  
[www.pangeatavern.com](http://www.pangeatavern.com)

### **The Breakwater Restaurant**

57896 Highway 12, Hatteras Village  
(252) 986-2733  
[www.breakwaterhattaras.com](http://www.breakwaterhattaras.com)

### **Diamond Shoals Restaurant and Sushi Bar**

46843 Highway 12, Buxton  
(252) 995-5217  
[www.diamondshoals.com](http://www.diamondshoals.com)



# PEREGRINE



## GROCERY STORES

### **Food Lion**

41934 Highway 12, Avon

(252) 995-4488

A major chain grocery store located directly across Highway 12 and the largest store on the island.

Food Lion offers fresh produce, bakery and hot foods, and a great selection of items.

Our one advice... *Shop during off hours (early in the day) and never after 10 am on a Saturday.*

### **Conner's Supermarket**

47468 Highway 12, Buxton

(252) 995-5711

The local community's favorite. Owned and operated by the Conner Family, Conner's Supermarket is now in its 3rd generation of management. Outstanding customer service and great selection of products.

# PEREGRINE



## STIMULANTS FOR HAPPY HOUR

### **Island Spice and Wine**

40246 Highway 12, Avon (252) 995-7750

Offers over 200 wines and champagnes and the owner, Donna, is a good friend of the Ritchie Family. Whole bean coffee, selection of cheese, dips, gourmet food items, gifts and gift baskets.

### **ABC Store**

47355 Highway 12, Buxton (252) 995-5532

For hard liquor there is one ABC State Liquor Store on the island. Located in Buxton in the Osprey Shopping Center.  
Hours Monday – Saturday                      10am – 9pm

**Food Lion** also carries a large selection of wine and beer. Beer is sold everywhere!

**Conner's Supermarket** has a selection of wine too.

# PEREGRINE



## SEAFOOD MARKET

### **Risky Business Seafood Market**

40658 Highway 12, Avon

(252) 995-7003

They will steam up spiced shrimp or crabs for you to take home if you don't want to cook yourself. They also offer complete processing of your catch, from cleaning to vacuum packaging to freezing. Their crab cakes are expensive, but delicious. Open every day. **If you have finished a book please consider donating it to a local program that benefits the community. Just drop the book(s) off at Risky Business and when they are re-sold, 100% of the proceeds go to the program.**

### **Surf's Up Seafood Market**

41838 Highway 12, Avon

(252) 995-3432

They will steam your shrimp and seafood to go, or take home fresh fish, shrimp, clams, scallops and other seafood and cook it yourself.

### **Buxton Seafood**

49799 Highway 12, Avon

(252) 995-5085

Fresh local seafood, shrimp, scallops, clams and much more. Service for over 30 years!

# PEREGRINE



## DONATIONS

- If you have leftover non-perishable food items, please consider donating them to the local food bank. There is a drop off center at Our Lady of the Seas in Buxton and Hatteras Reality in Avon. The community has been strained with the closing of the beach ramps and hurricanes and could use your generosity. Thank you.
- If you forgot a reading book, Risky Business has a small selection of books for sale. On the flip side, if you have finished a book, please consider dropping it off at the store. They will re-sell the book and all proceeds benefit local community programs.

# PEREGRINE



## OCRACOKE

- Ocracoke is the next island south of Hatteras and is reached by ferry (approximately a 45 minute ride) from Hatteras Village. The village is roughly 15 miles south of Peregrine/Avon.
- Ocracoke consists of sand, beaches, one road from the ferry dock to the town of Ocracoke (12 miles long). The town has many gift stores and several restaurants. There are many new restaurants on the road going into town. We seem to gravitate to **Howard's Pub and Raw Grill** for their food and atmosphere.
- If you have not made the trip, we recommend you do so. The ferry trips to and from Ocracoke are well worth the effort. Several times we have taking the ferry over, turn around and take the same ferry back for an adventure with the grandchildren.
- In the summer, the ferry is a very popular activity and it is suggested that you get to the ferry early in the day. After 10 am, there will be over an hour wait just to board the ferry.
- Ocracoke is also were Blackbeard buried his treasure so the story goes...

# PEREGRINE



## **BOATS – CHARTERS** **Gulf Stream, Inlet or Sound Fishing**

### **Oregon Inlet Fishing Center**

At Oregon Inlet, approximately 40 miles north. Largest in area with a high percentage of Gulf Stream boats. Oregon Inlet Fishing Center is the home of the largest and most modern fishing fleet on the eastern seaboard. A full service marina. Oregon Inlet offers a comprehensive fishing experience for the “old salt” or the vacationing fisherman.

**Nags Head**

**(252) 441-6301**

**[www.oregon-inlet.com](http://www.oregon-inlet.com)**

- **Teach’s Lair Marina**

Teach’s Lair is a full service marina located at the south end of Hatteras Island, the closest point to the Gulf Stream north of Florida. Whether you are interested in offshore, or sound fishing, wreck diving or dockage for your boat. Our favorite off-shore charter is **BIG TAHUNA** and in-shore charter is **SPECK-TACKLER** with Rick Scarborough as captain.

**Hatteras**

**(252) 986-2460**

**[www.teachslair.com](http://www.teachslair.com)**

- **Hatteras Harbor Marina**

In Hatteras, approximately 15 miles south, close to ferry slip. Many very good Gulf Stream boats, better selection of inlet and sound boats – we believe this area is a better fishing area for inlet and sound than Oregon Inlet and have photos to prove it! Gulf Stream approximately 12-14 miles off shore. The family’s favorite boat is **SEA CREATURE** and Steve “Creach” Coulter. **Hatteras**

**(800) 676-4939**

**[www.hatterasharbor.com](http://www.hatterasharbor.com)**

- **Miss Hatteras Cruise** Captain Stowe runs full day Gulf Stream bottom fishing trips as well as half-day offshore fishing and sound fishing trips every day of the week. They will provide all the bait and tackle, but you need to bring your own food and drink. **Hatteras**

**(252) 986-2365**

**[www.hattarasfishingcaptain.com](http://www.hattarasfishingcaptain.com)**

# PEREGRINE



## WIND SURF STORES

- **Carolina Outdoors**  
**5848 Hatteras Landing Hatteras, Buxton (252) 453-3685**

Approximately 6 miles south on sound side as you enter Buxton. Our favorite. A large and good women's clothing store adjoins shop.

- **Ocean Air Sports**  
**29450 Highway 12, Avon (252) 995-5000 [www.oceanairsports.com](http://www.oceanairsports.com)**

Approximately 3 miles north on the sound side at northern end of Avon. A large shop including clothing. The Ritchie family come back here every year. Some kayak in the sound, others rent a Hobie Cat and sail in the sound. Rentals and lessons for windsurfing, kiteboarding, surfing, etc.

- **Hatteras Island Boardsports**  
**41056 Highway 12, Avon (252) 995-6160 [www.hiboardsports.com](http://www.hiboardsports.com)**

Rentals – surfboards, bodyboards, skimboards, kayaks and wetsuits. Expert surfing lessons from the pros at HIB. Whether it is a private lesson for 1 or a group of 30, they've got you covered.

- **Hattaras Adventure**  
**(252) 564-2220 [www.hattarasadventure.com](http://www.hattarasadventure.com)**

They provide boats and 4x4 adventure that is fun, educational, and relaxing. They tailor the excursions to accommodate you and your family using local knowledge and skills providing you with information about fishing, HI beaches, the Pamlico Sound and the amazing eco-system.





# PEREGRINE



## SAND DUNES/SEA OATS

**Please Read...Very Important**  
**DO NOT WALK ON THE DUNES**

- The sand dunes are the only protection keeping the ocean out of this house. They are fragile and easily damaged by pedestrian traffic.
- Sea oats hold the sand dunes in place and although not widely known it is illegal in North Carolina to pick sea oats. Impressive fines have been invoked for flagrant violations.
- It is a great sport for children to play in the sand dunes. However, it does sever damage.
- Please remain on the boardwalks and paths to and from the beach.

# PEREGRINE



## GARBAGE COLLECTION

- **Trash Pick-up**

Please use the large black containers located either at the end of the driveway or near the car port. There is also bins for paper and one for plastic/glass/aluminum recycling.

- **Pick up Days**

Every Tuesday and Friday. The garbage trucks come **VERY EARLY** (5am), please roll the full containers (including recycling) to the end of the driveway the night before.

- **Recycling**

Starting in June and throughout the summer months, there will be weekly recycling pick-up. Please look on the colored containers for pick-up days. Also place the containers at the end of the driveway.

# PEREGRINE



## **WE WISH YOU WOULD...**

- ...turn outdoor lights off at night.
- ...during a storm, secure deck furniture with cables  
(in high winds loose furniture blows around, can break glass in doors and windows).
- ...keep windows and doors closed when using air conditioning.
- ...do not bring charcoal grill on deck (grills have started several fires in the area)
- ...do not sit on upholstered furniture and/or pillows when using sun tan lotion. This also applies to beds and futon in loft.
- ...report any problems, malfunctioning equipment, etc. promptly to Ray Langlois at (252) 996-0356.
- ...keep hammocks out of the rain and indoors at night.
- ...any leftover cans/boxes of food may be given to the needy by either dropping off at Hatteras Realty in Avon or Our Lady of the Seas Catholic Church in Buxton.
- ...please sign the visitors book located on the kitchen shelves.
- ...and most importantly, ENJOY YOU STAY AT PEREGRINE!

# PEREGRINE



## INTERNET ACCESS

PEREGRINE has wi-fi throughout the house. The modem is located in the twin beds bedroom.

The key code is: **EcCa | 9870 |**

# PEREGRINE



## OTHER SPOTS IN AVON

### **Spa Koru**

**40920 Highway 12, Avon      (252) 995-3125      [www.koruvillage.com](http://www.koruvillage.com)**

Located in the Avon, Spa Koru's campus serves as the epicenter for renewal of health and wellness on the Outer Banks. Their campus features the Outer Banks' premier Spa, Salon and Fitness Center, including a spacious Yoga studio. Choose from social events (Avon Luau and weekly bands), recreation (paddle-boarding), facials, massages, yoga classes, even zumba on the beach!

### **Studio 12**

**40534 Highway 12, Avon      (252) 995-7899      [www.studio12hatteras.com](http://www.studio12hatteras.com)**

Create your own pottery and glass pieces of art on the Outer Banks of North Carolina.

### **Kinnakeet Clay Works**

**40462 North End Rd, Avon,      (252) 995-01010**

Take the road less traveled, seek us out in Historic Avon Village (Kinnakeet)

### **Glass Bead and Java Junction**

**39774 Highway 12, Avon      (252) 995-7020**

Create beaded jewelry, purchase jewelry-making supplies and enjoy your favorite coffee beverage.

# PEREGRINE



## JUST SOME OF THE ACTIVITIES...

- Fishing (surf, offshore, inshore, pier, sound)
- Wave Riding (surfing, kiteboarding, sail boarding, kayak)
- Bird Watching
- Beach Horseback Riding
- Fessenden Center (basketball, softball, soccer, dance, skateboard)
- Camping and RV's
- Wall Climbing (Kitty Hawk Kites – Hatteras Landing)
- Climb Cape Hatteras or Bodie Lighthouses /Walk Trails
- Ferry Ride to Ocracoke – tour the village and dock
- Canoeing, kayaking, sailing in the sound
- Crabbing and clamming (go to Frank and Fran's Tackle to find the best spot)
- Go-carts and miniature golf
- Create a lasting beaded necklace or pottery piece
- Yoga or zumba on the beach
- Social nights for the public at Koru Spa

# PEREGRINE



## MORE ACTIVITES...

- Visit one of the Hatteras Village marinas around 4pm and watch the chartered boats unload their catch. Huge fish and bigger fish tales.
- Be the first to try the Outer Banks Jetovator, a “ride the hose” hoverboard . [www.outerbanksjetovator.com](http://www.outerbanksjetovator.com)
- Dolphin cruises, fun pirate cruise and half day fishing expeditions with 50 others anglers. Miss Hatteras and Captain Clam’s Cruise Boats.
- Check out some history: The Lost Colony outdoor drama, Little Kinnakeet Life-Saving Station (Avon) or Chicamacomico Life-Saving Station Historic Site in Rodanthe.
- Rent bicycles or mopeds and explore the island.
- Latest on ramp closures got to Outer Bank Preservation Association ([www.obpa-nc.org](http://www.obpa-nc.org))

# PEREGRINE



## Favorites of the Ritchie Family

- Drive to **Hatteras Village** and into one of the marinas and watch the **fishing boats come in with their catch**. Our grandkids loved watching the fish being pulled from the well and listening to the “*ahhs*” from the crowd.
- In **Rodanthe**, north of Avon approximately 15 miles. It is our tradition to listen to rescue stories while sitting around a campfire told by one of the station’s rangers. Young and old would enjoy this event. The historic **Chicamacomico Life-Saving Station** built in 1874, was the first United States Life-Saving Service station in North Carolina. All along the coast, these stations were dedicated to rescuing anyone whose life was in peril from the sea. Afterwards the U.S. Life-Saving Service evolved into the U.S. Coast Guard in 1915.
- **Clamming and crabbing** is always fun and an activity the entire family can take part. Call **Frank and Fran’s Tackle** at (252) 995-4171 to find out the best location.
- **Windsurfing/Kiteboarding** is big at the “**Canadian Hole**” located south on Highway 12 in the sound. Watch how fast and strong these sportsman are while they breeze through the water. The sound is very shallow and a great place for younger children.
- **Miss Hatteras Party Boat** located in Hatteras Village at Oden’s Dock has something for everyone in the family. Half day fishing excursions where we have seen sea turtles, flying fish and dolphins. Sunset cruise and a pirate (get drenched) cruise that was loved by the grandkids.
- Climbing **Hatteras Lighthouse** during a full moon with only a flashlight.
- Looking for **crabs at night on the beach**.



# PEREGRINE



## AVON

- In its early years Avon village had always been known as Kinnakeet but the village received a different identity when the post office adopted the new name in 1883. Although there is no official records of why the post office selected Avon as the new name, it is speculated that it was named after the river in England. Kinnakeet is an Algonquian Indian word meaning [that which is mixed]. This name was originally given to identify the area because it consisted of several settlements bunched into one.
- Very few people remember that Kinnakeet once had enormous stands of live oaks and cedars which were valuable for boat building. The early village flourished as a pre-colonial boat building and repair capital for eastern exploration ships. Kinnakeet was once the island's most prosperous local village right up until Hatteras Inlet was opened by a hurricane in 1846. From that point on Hatteras Village took its place (mostly due to the location).
- Because of the massive commercial harvest of Kinnakeet's forests, eventually there were no trees left which also ultimately killed most other remaining vegetation. This resulted in a massive sand dune that traveled west about 20 feet per month and shrunk the area at an incredible rate into the small sliver of an island that is now here today.
- No discussion about the history of Kinnakeet (Avon) would mean anything without first realizing how the area was so closely tied to saving mariners lives. The sea has played an important role in transportation and commerce throughout our nation's history. An unfortunate consequence of the nation's dependence on water transportation in the 18th and 19th centuries was the death of sailors and passengers due to shipwrecks. In the late 18th century, the new Federal Government established agencies which had some influence on the safety of ocean travel, ships, and their cargoes.
- The U.S. Lighthouse Service, established in 1789, provided beacons to warn sailors about nearby dangers such as shallow seacoast waters filled with sandbars and rocky sea beds. The U.S. Revenue Marine, later called the U.S. Revenue Cutter Service, was established in 1790 to help prevent smuggling and enforce the collection of customs duties. This organization eventually became responsible for sea rescues.